

Monday

Tuesday

Wednesday

Thursday

Friday

4
Warm Whole Grain
Waffles w/ Maple Syrup

5
Breakfast Sandwich
(Ham, Egg & Cheese)

6
Apple Frudel!!!

7
Homemade
Breakfast Pizza!!!

8
Assorted WG Muffins
(1 w/ or w/o 1 SI Toast)

11
ZeeZee's Grahamz &
Yogurt

12
WG Pancake
& Sausage Stick

13
ZeeZee's Oatmeal
Choco
Chip or Strawberry Bars

14
Whole Grain Pancakes
w/ Maple Syrup

15
Whole Grain French
Toast Stix

18
Assorted Breakfast
Items

19
Assorted Breakfast
Items

20
Assorted Breakfast
Items

21
Assorted Breakfast
Items

22
Assorted Breakfast
Items

Available Daily For Breakfast:

Whole Grain Toast- 1 or 2 slices as entrée, Assorted Cold Whole Grain Cereals, Yogurt- 1 with or w/o 1 slice toast as entrée, Fresh Fruit, Chilled Fruit and/or Juice, Ice Cold New York State Milk

Students can select 1 or 2 grains, milk, and 1 or 2 fruits/juice for a complete breakfast

Please refer to your School Calendar and Kitchen Manager for last day of breakfast service!